

**Program Studi Sarjana Kebidanan
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**PERSEPSI IBU TENTANG TANDA BAHAYA PADA KEHAMILAN
TRIMESTER III DI PRAKTEK MANDIRI BIDAN Hj. SESMERA,
TANJUNG MULIA TAHUN 2024**

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ABSTRAK

Kehamilan adalah fase penting dalam kehidupan manusia. Kehamilan adalah fase awal kehidupan antara ibu dan janin dimana ibu mempunyai tugas penting untuk memelihara janinnya sampai cukup bulan dan menghadapi proses persalinan. Pada kehamilan trimester ke-III ibu harus waspada pada tanda bahaya kehamilan. Menurut World Health Organization (WHO) komplikasi-komplikasi yang sering terjadi pada ibu kehamilan akhir yaitu perdarahan (27,1%), hipertensi akibat kehamilan (14%), pre-eklamsi 15,8%, anemia dan resiko gizi kurang (KEK) 32-35%, dan penyakit infeksi 7,6% (WHO, 2019). Sedangkan di Indonesia Pada tahun 2023 penyebab bahaya kehamilan trimester tiga disebabkan oleh pre-eklamsi sebanyak 24%, pendarahan sebanyak 23%, hipertensi 12,7%, diabetes gestasional 3,6 % , dan ketuban pecah dini sebanyak 5,6%. Tujuan dari penelitian ini adalah untuk mengetahui bagaimana persepsi ibu tentang tanda bahaya kehamilan di trimester ke-III. Desain penelitian menggunakan pendekatan deskriptif kualitatif, populasi pada penelitian ini yaitu ibu-ibu hamil trimester ke-III berjumlah 28 orang. Sampel pada penelitian ini adalah 7 orang ibu trimester ketiga. Teknik pengambilan sampel menggunakan *accidental sampling*. Tempat penelitian ini di lakukan di Praktek Mandiri Bidan Hj. Sesmera, jalan Alumunium IV, Tanjung Mulia, Kota Medan, Sumatera Utara, adapun waktu penelitian dilaksanakan dari bulan Mei sampai bulan Agustus 2024. Hasil penelitian di dapatkan 3 tema utama yaitu Persepsi ibu tentang mengenali, mengatasi, serta mendapatkan informasi tanda bahaya kehamilan trimester ke-III, yang terbagi lagi kedalam beberapa sub tema.

Kata Kunci : Persepsi, Tanda Bahaya Kehamilan Trimester ke-III

**Undergraduate Study Program in Midwifery
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**MATERNAL PERCEPTION OF DANGER SIGNS IN THIRD
TRIMESTER PREGNANCY IN INDEPENDENT PRACTICE
OF MIDWIVES Hj. SESMERA, TANJUNG MULIA IN 2024**

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ABSTRACT

Pregnancy is an important phase in human life. Pregnancy is an early phase of life between the mother and the fetus where the mother has an important task to nurture her fetus until full term and face the delivery process. In the third trimester of pregnancy, mothers must be aware of pregnancy danger signs. According to the World Health Organization (WHO), complications that often occur in late pregnancy mothers are bleeding (27.1%), hypertension due to pregnancy (14%), pre-eclampsia 15.8%, anemia and risk of malnutrition (KEK) 32-35%, and infectious diseases 7.6% (WHO, 2019). Meanwhile, in Indonesia In 2023, the cause of danger of pregnancy in the third trimester is caused by pre-eclampsia of 24%, bleeding as much as 23%, hypertension 12.7%, gestational diabetes 3.6%, and premature rupture of membranes as much as 5.6%. The purpose of this study is to find out how mothers perceive pregnancy danger signs in the third trimester. The research design uses a qualitative descriptive approach, the population in this study is pregnant women in the third trimester totaling 28 people. The sample in this study was 7 mothers in the third trimester. The sampling technique uses accidental sampling. The place of this research was carried out at the Hj. Sesmera Midwife Independent Practice, Jalan Alumunium IV, Tanjung Mulia, Medan City, North Sumatra, while the research time was carried out from May to August 2024. The results of the research obtained 3 main themes, namely maternal perceptions about identifying, overcoming, and obtaining information on the danger signs of pregnancy in the third trimester, which are further divided into several sub-themes.

Keywords: Perception, Danger Signs of Third Trimester Pregnancy