

PERSEPSI IBU HAMIL TENTANG KEHAMILAN RESIKO TINGGI DI WILAYAH KERJA PUSKESMAS GLUGUR DARAT

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ABSTRAK

Latar Belakang: Kehamilan risiko tinggi merupakan kondisi yang berpotensi menimbulkan komplikasi serius bagi ibu maupun janin. Persepsi ibu hamil mengenai kehamilan risiko tinggi berperan penting dalam menentukan sikap dan tindakan pencegahan untuk mengurangi dampak komplikasi. **Tujuan:** Penelitian ini bertujuan untuk mengetahui persepsi ibu hamil tentang kehamilan risiko tinggi di wilayah kerja UPT Puskesmas Glugur Darat. **Metode:** Penelitian menggunakan desain deskriptif dengan pendekatan kualitatif. Data dikumpulkan melalui wawancara mendalam menggunakan panduan wawancara semi-terstruktur, kemudian dianalisis dengan metode analisis tematik untuk menggali pemahaman, sikap, dan pengalaman ibu hamil terkait kehamilan risiko tinggi. **Hasil:** penelitian mengungkapkan empat tema utama, yaitu: (1) Persepsi ibu hamil tentang kehamilan resiko tinggi,(2) Hambatan yang dihadapi ibu hamil dalam kehamilan resiko tinggi,(3.) Tingkat pengetahuan ibu hamil tentang kehamilan resiko tinggi,(4) Pencegahan dan penanganan resiko tinggi,penelitian menunjukkan bahwa sebagian besar ibu hamil memiliki persepsi yang cukup baik mengenai kehamilan risiko tinggi, khususnya terkait pemahaman tentang pentingnya pemeriksaan antenatal care (ANC) dan faktor risiko yang dapat membahayakan ibu serta janin. Namun, masih terdapat sebagian ibu yang kurang memahami tanda-tanda bahaya serta pencegahan komplikasi pada kehamilan risiko tinggi. **Kesimpulan:** Persepsi yang baik dapat meningkatkan kewaspadaan ibu dalam melakukan deteksi dini dan pemeriksaan rutin selama kehamilan. Oleh karena itu, diperlukan upaya peningkatan edukasi kesehatan dan penyuluhan yang lebih intensif untuk memperkuat pemahaman ibu hamil mengenai kehamilan risiko tinggi demi tercapainya kesehatan ibu dan janin yang optimal.

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Kata kunci: Persepsi, Ibu Hamil, Kehamilan Risiko Tinggi, Puskesmas

**PREGNANT WOMEN'S PERCEPTION OF HIGH-RISK PREGNANCY IN
THE WORKING AREA OF THE EDUCATIONAL
COMMUNITY HEALTH CENTER**

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ABSTRACT

Background: High-risk pregnancy is a condition that has the potential to cause serious complications for the mother and fetus. The perception of pregnant women about high-risk pregnancy plays an important role in determining attitudes and preventive measures to reduce the impact of complications. **Objective:** This study aims to find out the perception of pregnant women about high-risk pregnancy in the work area of UPT Puskesmas Glugur Darat. **Method:** Research using descriptive design with a qualitative approach. Data was collected through in-depth interviews using semi-structured interview guidelines, then analyzed with thematic analysis methods to explore the understanding, attitudes, and experiences of pregnant women regarding high-risk pregnancy. **Results:** the study reveals four main themes, **namely:** (1) Perception of pregnant women about high-risk pregnancy, (2) Obstacles faced by pregnant women in high-risk pregnancy, (3.) The level of knowledge of pregnant women about high-risk pregnancy, (4) High-risk prevention and management, research shows that most pregnant women have a fairly good perception of high-risk pregnancies, especially regarding the understanding of the importance of antenatal care (ANC) examination and risk factors that can harm the mother and fetus. However, there are still some mothers who do not understand the danger signs and prevention of complications in high-risk pregnancies. **Conclusion:** Good perception can increase the mother's alertness in doing early detection and routine check-ups during pregnancy. Therefore, efforts are needed to improve health education and more intensive extension to strengthen the understanding of pregnant women about high-risk pregnancy in order to achieve optimal maternal and fetal health.

Keywords: Perception, Pregnant Women, High-Risk Pregnancy, Community Health Center