

**PROGRAM STUDI S-1 KEPERAWATAN
UNIVERSITAS IMELDA MEDAN**

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**Judul : Hubungan Tingkat Stres Dan Pola Makan Dengsn Kejadian
Gastritis Di Panti Jompo Medan**

Abstrak

The digestive track is mount aften found.Gastritis can be acute which comes sudeely in a few hour or sevral days and can also be cronic for months or years.Gastritis ia a local implammasi or attack on the gastric mucosa and develor when the protective mechanism of the mucosa is filled with bacteria or other irritans .The riseachs's goal is to determinan the reletasion ship of stress level and level eatings pattens with the incidence of gastritis in the eldrly at Budi Bakti Medan 2020 . The sampling method use total sampling where the research got 43 responden of measuremen theniques of alla variebles by proposinh 62 item for assesmen aspeck for t he tree variables using ordinal measurement media scale in the form closed qiuestionarry . moderate stress level 17 people(39.6%) who say mild 13 people (30,2).good diet 16 people (37,2) no 14 people (32,6) and who say yes 29 people(67,4)

password : gastritic, stress level diet